OLD FASHION FOODS

would like to **'Thank'** the following suppliers for their prizes and donations to help make our 2425 Quance St. E. **Grand Opening** a huge success.

NOW Foods, Prairie Naturals, Celiac Choice, AOR, Natural Factors, Renew Life, Ecoideas, Flora, Silver Mtn., Ascenta, Platinum Naturals, Christmas Naturals, Enerex, Herbasante,

True North, Canprev/Orange Naturals, Natures
Aid, Vega, A. Vogel, Nature's Way, Avena Foods,
Carlson, Joy of the Mtns., Body Plus, Progressive,

Organika, Sage Valley and

Lorna Vanderhaeghe

Vita-Man will be on location all day, Sat., April 27 at our Grand Opening, 2425 Quance St. E. handing out stress footballs and Vita-Man Buck\$





OLD FASHION FOODS

Head Office (306) 352 - 8623 www.oldfashionfoods.com

OLD FASHION NEWSLETTER

April 2013 - Issue 16

Saturday, April 27, 9 am - 6 pm is

our GRAND OPENING

at our newest location:

2425—Quance Street E.

First 200 customers receive a <u>FREE</u> Gift Bag filled with products, samples and gifts! Be sure to stop by for a Hot Dog, proceeds to Hawrylak Gr. 8 Class. Enter for prizes! Great deals at every location!

Pick any 2 products and

receive 20 % OFF* reg. price

Special on Sat, April 27 only at all

Old Fashion Foods locations!

*No other Discount applies, In stock products only.



OFF*



Your Health Food Store and so much more

OLD FASHION FOODS

HEAD OFFICE PHONE (306)352-8623

Online at www.oldfashionfoods.com or follow us on Facebook

CUSTOMER APPRECIATION DAYS 2013



Mon., April 1, Mon., May 6, Mon., June 3,

Tues., July 2, Tues., Aug. 6, Tues., Sept. 3,

Mon., Oct. 7, Mon., Nov. 4, Mon., Dec. 2

15 % OFF Everything in the Store*



Unless otherwise marked, Some Exceptions apply* Please Note: We are open Easter Monday, April 1



Enter at any Old Fashion Foods Location starting April 22 for a chance to win our *Grand Opening Grand Prize*

A Fabulous Relaxation Pkg. at Temple Gardens

Mineral Spa

2 Night Stay, King Bed Room, 2 Breakfasts, 2 Dinners, \$75.00 Spa Certificate and more. (Awarded in Gift cards) Prize courtesy NOW Foods Draws made April 30, 2013



Old Fashion Foods Grand Opening 2425 Quance St. E Sat., April 27

- 1.) First 200 people will receive a gift bag FREE (Quance St. store only)
- 2.) Vita-Man on location 3.) BBQ at Quance St. store only.
- 4.) 20% OFF any 2 reg. priced products (special on at all stores Sat.,

April 27 only) 5.) 12 reps. at all of our stores all day to demo products and answer your questions. 6.) Enter for great prizes at all Regina stores.

All draws will be made April 30, 2013. Winners will be notified by phone.



6 OLD FASHION FOODS locations 501 - Victoria Ave.

(306) 352-8623

3976 - Albert Street

(306) 585 - 2144

V! 2425 - Quance Street East

(306) 789 - 4055

447 - Albert Street

(306) 924 - 3134

4123 - Rochdale Blvd.

(306) 545 - 4699

405 - Souris Ave., Weyburn

1 (306) 842 - 3003