

Your Health Food Store and so much more...

OLD FASHION FOODS

Proud sponsor of the Dr. Oz Radio Segment weekdays at 11:40 a.m. on 620 CKRM .

Proud sponsor of the John Tesh Radio Show from 10 a.m. to 2 p.m Wednesdays.

Proud sponsor of the Dr. Oz TV Program Weekdays on CTV.

www.oledfashionfoods.com

Follow us on **FACEBOOK F**

Old Fashion Foods Label Products **With this Coupon**

Cod Liver Oil - 30 % OFF

Joint Relief & Build 90's - 20% OFF

Wild Salmon Oil 90's - 20 % OFF

Herbal Energy 90's - 20 %OFF

No Limits. While Supplies Last. No Other Discount applies. With Coupon, Exp. May 30, 12

Coupon Savings
Exp. May 30, 2012



OLD FASHION FOODS

Your Health Food Store and so much more...

*Free Delivery on orders over \$25.00
weekday afternoons*

OLD FASHION NEWSLETTER

Visit our website:

www.oledfashionfoods.com

or follow us on **Facebook F**

April 2012—Edition 4 Part 2

Spring is here!



In the Spring we want to have the Energy to enjoy a stroll in the fresh air, run around the lake , take the dog for a walk, go to the corner store for a treat, play in the yard with the kids or BBQ on the deck.

We carry many products that may help to keep our energy levels up and aid in Weightloss.

Some of these products that may help are

Vita Greens, L-Carnitine, Glucosmart, Pure Energy Acai and Goji, Lean Whey, Fitsmart, Waist Away, African Mango, Coleus Forskohlii, PGX, DietStart, SimplyTrim, SafSlim, Raspberry Ketones, Weight Off, Calorie Burn and many more .

Stop in and talk with our knowledgeable staff.



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Your Health Food Store and so much more...



Text us at **76000** , type in keyword **Health Foods, Bulk Foods**
or **Vitamins** and you will be automatically
entered to

Win a \$25.00 Gift Certificate
from OLD FASHION FOODS



MOBILE ALERTS

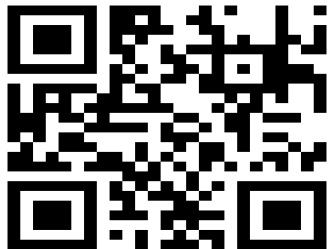
from

OLD FASHION FOODS

Visit our website: **www.oldfashionfoods.com** or follow us **F**



Spring is in the Air! It's great to go outside
for a walk in the fresh air. **Old Fashion Foods**
can help you keep that healthy feeling all year
round with products that may energize you,
keep your joints strong and build immunity.



Scan
Barcode
For
Specials

OLD FASHION FOODS

More than Just a Health Food Store
Locations (Regina & Weyburn)

Free Delivery on orders over \$25.00 Weekday
Afternoons.

CUSTOMER APPRECIATION

DAYS 2012

May 7, June 4, July 2, Aug. 7,
Sept. 4, Oct. 1, Nov. 5, Dec. 3

15% OFF Everything in Store*

**Some exclusions apply . See in store*