

For Mothers everywhere!!!

Top 20 Things my MOM use to say.....

- 1.) If you don't dress warm you'll catch your death of cold.
- 2.) If your friend jumped off a bridge, would you?
- 3.) NO!!!!!!.....
- 4.) Chew with your mouth closed.
- 5.) Eat your vegetables or you won't be strong & healthy.
- 6.) Wash your hands after you go to the bathroom.
- 7.) Use your manners, say **Please** and **Thankyou**.
- 8.) What goes around comes around.
- 9.) Just wait till your dad gets home!!
- 10.) Eat your carrots or you'll get bad eyes.
- 11.) Don't let the bedbugs bite.
- 12.) Because I said so!!!
- 13.) I can give you something to do if you're bored. Clean your room!!
- 14.) Close the door behind you. Were you born in a barn?
- 15.) Don't jump on the furniture .
- 16.) Go outside and get some fresh air.
- 17.) Don't slam the door!!!
- 18.) Watch what you say! I'll wash that mouth out with soap!
- 19.) **If you don't have your health, you have nothing!**
- 20.) *I Love You!*

Happy Mother's Day

to all the Mother's out there
from all of your friends at
OLD FASHION FOODS



OLD FASHION NEWSLETTER

May 2012—Edition 5



HAPPY MOTHER'S DAY!

BLOW-OUT 50% OFF regular price **Old Fashion Label**



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*May is a time to think about Woman's Health; Mothers, Aunts,
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Enter to Win the Mother's Day Gift Bag with any Preferred Nutrition product purchase during May 2012.

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